



From One Extreme to the Other is a two-hour interactive performance intervention for secondary schools that engages participants in a dialogue around crucial issues of conflict in their community.

This programme was developed by Voices for Change, a collaboration of theatre practitioners, community and social workers, and young people from diverse backgrounds who share a keen interest in challenging racism and encouraging community cohesion in Plymouth.

"It made you think about Plymouth's own culture and the way people act."

"I got to voice out my opinion and think about different opinions."

"It made me wonder why people would be extreme and try to see their point of view."

-Participants

We invite participants to enter a space of open discussion and reflection, a place for trying out ideas, perspectives and roles. This dynamic experience asks participants to grapple with the difficult questions: How do we learn how to hate? How do we make friends? Why do the negative voices always seem to be the loudest? How do we get the positive voices heard? How can we listen to and respect each other? Our aims are to challenge prejudice, particularly narratives which generate hatred and violence and to initiate a dialogue where there is a barrier, to encourage people to listen and respond to each other's perspectives.

Participants' opinions are a crucial aspect of the programme, and we encourage them to consider multiple contradicting perspectives on issues of identity and belonging.

"I learned that everyone is different."

"I learnt what other people have to go through. I didn't know it was that hard."

"It made me think about what I do and what happens around me."

-Participants

The experience leads to a real discussion around what participants would like to see change in their school community and how they can make it happen as peer-leaders.

